



Stage 4 Risk Assessment Modified Training

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TEMPLATE COVID-19 RISK ASSESSMENT – STAGE 4 RETURN TO COMMUNITY NETBALL

Further risk assessment templates will be made available for future stages of the Return to Community Netball Roadmap. This template cover training only; if participating in or organising a league or other competition, the Stage 4a (Competition using modified rules) must be used.

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball's latest guidance.

Our club name: Fenton Manor Netball club	Our COVID-19 Officer is: Tracy/Darren Jackson
Name of activity: Netball	This activity takes place at : <i>Fenton Manor Sports Complex</i>
Who is carrying out this assessment? Darren Jackson	We will review this risk assessment next on: 30/10/2020 reviewed 22/03/2021
Date of the Risk Assessment 29/9/2020	

What are the Risks?	Who might they affect?	General controls to be put in place	Activity specific controls to be put in place	Who will be responsible to action?	When does it need to be actioned by?	Is it complete?
For some people, the risk of COVID-19 is higher	Players, coaches, officials, volunteers, parents	High risks groups are aware of the risks involved in netball and have access to the personal risk assessment Participants have the choice if they would like to attend sessions and 'opt in' to activity	Temperature monitoring Athletes will bring their own ball. Hand sanitiser to be supplied by the athlete/parent.	Lead coach, COVID officer, committee members	On commencement of training to be agreed by Lead coach and committee members	

		There is no pressure from coaches, club volunteers or other players to join Netball training sessions				
Someone returns to soon following a case of COVID-19	Players	<p>Players are aware of the risks of exercising post a case of COVID-19.</p> <p>Players advised to follow the advice of their GP or Consultant or NHS track and Trace</p>	Clear communication amongst Coaches, committee members and parents	Lead coach, shared with Fenton Manor venue, committee members	Information shared as soon as it is received for clarity	
Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying symptoms	Players, coaches, officials, volunteers, parents	<p>Provide clear information to all members of potential COVID-19 symptoms</p> <p>Ensure pre-travel health screening is undertaken prior to travelling to activity</p> <p>Undertaken a further health screening before entry into session</p> <p>Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119</p>	<p>A session checklist to be completed prior to attending training indicating athlete fit to attend session. Also advise use of EN Track and Trace One way system within venue followed.</p> <p>Sanitisation of hands and ball every 15 min.</p> <p>Bibs when used to be washed at 60 degrees after every usage.</p> <p>Comprehensive RA completed by venue.</p>	Duty manager of venue, Lead coach, coaches, COVID officer	Weekly confirmation and communication by Lead Coach, Coaches, committee members.	
Transport to and from activity	Players, coaches, officials, volunteers, parents	Car sharing outside of household is not encouraged.	Parents encouraged to drop off athletes U14 and over, under this age bring to a designated point,	Lead coach, coaches, committee members assist	Weekly basis agreed by all participants of club	

		Adherence to Government guidance on travel and public transport	masks to be worn until training arena accessed.	where necessary.		
Droplet transmission	Players, coaches, officials, volunteers, parents, members of public at venue	<p>Gaps scheduled between groups 60 min sessions.</p> <p>Maximum of 30 people per netball court (inc players and coaches)</p> <p>If a full size netball court (30.5m x 15.25m) is not available, adjustments may need to be made to maximum number per court</p> <p>Reminders to maintain social distancing on arrival at venue</p> <p>Congregating before or after netball training session is not permitted.</p> <p>One way systems in place to manage entry and exit onto court</p> <p>Signage and floor marking in place.</p> <p>Name & contact detail of anyone in attendance collected/processed for Test and Trace purposes (stored for minimum 21 days in line with Data Protection Act 2018 and GDPR</p>	<p>Strict distancing to be maintained at all times within the training venue.</p> <p>Athletes will be designated an area with which to rest and sanitise.</p> <p>Permission to be granted for toilet usage with no more than 1 athletes at a time. Athletes will be accompanied by a supervising adult.</p> <p>Masks to be worn when exiting the netball arena.</p> <p>Areas to be marked out by coach prior to commencement of session for sanitisation and drink breaks.</p> <p>Congregating strictly prohibited.</p>	Duty manager of venue, Lead coach, coaches	Weekly basis	

		<p>principles) Use of EN Track and Trace advised</p> <p>All netball activity uses COVID-19 rule modifications</p> <p>Beginner players continuously reminded of modifications</p> <p>Circle players reminded more regularly</p> <p>Match officials, team bench and scorers positioned at least 2m apart or 1m+ where this is not possible.</p> <p>Parents and spectators remain socially distanced and gather in groups of no more than six</p> <p>Shouting is not permitted.</p>	<p>Session checklists to be kept for 21 days whereas they will then be destroyed.</p> <p>Coaches will ensure rules are maintained during sessions (Dynamic risk assessment)</p> <p>Match play prohibited and commencement agreed by Coaches, parents and staff.</p> <p>No parents allowed within the venue until further notice</p>			
<p>Fomite transmission via surfaces in venue</p>	<p>Players, coaches, officials, volunteers, parents, members of public at venue</p>	<p>Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any other large equipment items used at the facility such as tennis post and football goals)</p>	<p>Comprehensive risk assessment has been completed by SOT city council in line with venue usage.</p> <p>Cleaning regime has been confirmed and</p>	<p>Duty manager Fenton Manor, Lead coach, coaches and committee</p>	<p>Weekly basis Records to be kept by venue</p>	

		<p>Confirm with venue operator rigorous and regular cleaning processes are in place.</p> <p>Confirm with venue operator rigorous cleaning procedures for high contact touch points are in place</p> <p>Regular disinfection of such heavily used areas</p> <p>Ensure that venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility.</p>	will be completed on a daily basis.			
Fomite transmission via equipment	Players, coaches, officials, volunteers and parents	<p>Hand hygiene protocols in place prior to attendance and upon arrival</p> <p>Encourage players to bring their own ball if possible</p> <p>Hand sanitiser and wipes to be available during sessions</p> <p>All equipment including posts to be sanitised before and after each training sessions</p>	<p>As previous comprehensive RA completed by venue.</p> <p>One way system set up to ensure distancing maintained both entering and exiting the venue.</p> <p>Hand sanitising provided on entry and within the venue.</p>	Duty manager Fenton Manor, Lead coach, Coaches	Weekly	

		<p>Bibs washed prior to each sessions and not shared if possible</p> <p>Inclusion of hand hygiene and ball sanitisation breaks every 15 minutes</p> <p>Sanitise post if players touches before play resumes</p> <p>Water bottles and whistles must not be shared and any left at end of session should be disposed of</p> <p>Suitable waste facilities available to dispose wipes and sanitisation materials</p>	<p>Club will provide COVID kit to include sanitiser and wipes.</p> <p>Breaks to be encouraged every 15 minutes to allow for cleaning.</p> <p>Sessions programmed to ensure no cross over of athletes entering and leaving the training area.</p>			
Airborne transmission	<p>Players, coaches, officials, volunteers and parents</p>	<p>Where possible, netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow.</p> <p>If indoor facilities are the only available option, the following must be in place;</p> <p>Adequate ventilation - a target ventilation rate of 20l/s/p is achieved.</p>	<p>Outdoor sessions have been enquired about however at this time there is no facility to assist with this request.</p> <p>Confirmation from Duty manager that Air handling unit operates on a swerving motion only bringing fresh air from outside. This operates on a full fresh</p>	<p>Lead coach, coaches, committee members</p>		

		<p>Ventilation systems to provide 100% fresh air, not re-circulated air from space to space.</p> <p>Non-surgical face coverings must be worn in indoor venues by coaches and non-active attendees e.g. first aider</p> <p>Where possible open windows and doors. Doors may need to be propped open unless they are fire doors which remain closed</p>	<p>air mode. Air is not re-circulated</p> <p>Club will liaise with venue manager to ensure that this area is adhered to allowing max numbers of athletes per session (30) per court.</p> <p>Masks to be worn outside of training area at all times.</p> <p>Doors where applicable (to co-inside with Fire Regulations) and security of the venue will be opened for the duration of the training session.</p>			
Activity and common netball behaviours	Players, coaches, officials, volunteers and parents	<p>Sessions are planned with Stage 4 rule modifications including warm ups and small sided games</p> <p>At all times during match play (in training and competition), two umpires are required to ensure adherence to the modified rules</p>	Rule modifications will be communicated to all members via email and displayed on club social media platforms prior to restarting training.	Lead coach, coaches and committee members	Minimum 2 months whereas this will be re-assessed after discussion amongst committee	

		<p>Modifications and non permitted common netball behaviours are communicated prior to activity commencing</p> <p>Players are briefed again at the beginning of sessions</p> <p>Beginner players and circle players are prompted more frequently</p> <p>Activity is planned appropriately after a substantial break from the game to reduce risk of injury</p>	<p>Parents and athletes will be directed to EN website for reminder of these throughout the season.</p> <p>Timescales have been discussed with Lead coach, coaches and committee members to allow instruction to be given to all athletes to assist in Modified sessions commencing.</p> <p>This will be in-line with EN procedures and will be adhered to at all times to ensure confidence is maintained amongst Coaches, committee members, Parents and athletes.</p>			
Junior players and vulnerable adults	Junior players, vulnerable adults, parents of junior players and/or vulnerable adults	<p>Clear and regular reminders of rule modifications during session</p> <p>Increase regularity of social distancing and rule modifications reminders for the youngest players (U11's)</p>	<p>Social distancing to be maintained at all times by all athletes during training sessions.</p> <p>This will be communicated on a</p>	Lead coach, coaches	Weekly	

		<p>Practices and coaching aids to demonstrate required distances</p> <p>Use of assistant coaches and other adults to remind junior players</p>	<p>regular basis amongst all participants during sessions regardless of age.</p> <p>A lay out of the court will be produced and sent to all members prior to the start of sessions and will be displayed in the session for athletes to refer to.</p>			
Toilets and changing rooms	<p>Players, coaches, officials, volunteers and parents</p>	<p>Work with venue operator to ensure rigorous cleaning of toilet facilities and other communal areas are in place regularly</p> <p>Players arrive ready to play, use of changing room is not permitted</p> <p>Thorough hand washing after use of toilet facilities is encouraged</p> <p>Hand sanitiser to be available on courts so use of toilets is not needed for hand washing</p>	<p>Comprehensive RA completed by venue.</p> <p>Toilet breaks are to be taken by no more than 1 persons at any one time.</p> <p>Athletes encouraged to arrive at training in full training kit ready to commence reducing the time needed to change and risk associated with additional contact of surfaces.</p>	<p>Duty manager of venue, Lead coach, coaches.</p>	<p>Weekly records to be kept by venue</p>	

<p>An injury is sustained whilst social distancing is in place</p>	<p>Players, coaches, officials, first aider</p>	<p>Hands to be sanitised before and after</p> <p>First aid to be administered with non-surgical face mask and gloves</p> <p>Follow guidance as per St Johns Ambulance</p> <p>Complete accident form</p> <p>Ensure any waste is disposed of safely</p>	<p>Where possible athlete will be encouraged to manage their own minor injury (small cuts etc.)</p> <p>Where greater assistance is needed designated person to don correct PPE with which to deal with issue.</p> <p>This will be a member of the venue staff as per their protocol for major injury.</p> <p>Correct venue procedures to be adhered to in line of reporting such incidents.</p>	<p>Duty manager of venue, Lead coach, coaches</p>	<p>Weekly</p>	
<p>Breaches to Government and England Netball guidance</p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Information shared in advance to avoid unintentional breaches</p> <p>Player reminders in place</p> <p>Persistent, intentional breaches dealt with via club disciplinary process</p>	<p>Fenton Manor Netball club will strive to adhere to EN guidelines at all times ensuring that communication is maintained at all times within the club.</p>	<p>Committee Members</p>	<p>Monthly during pre- arranged committee meetings</p>	

		<p>Review activities after each session to identify any further adaptations that are required</p> <p>If activity cannot be safely managed, cease activity</p>	<p>Breaches of such nature will be dealt with internally liaising with club officials and committee members as to the best course of action with which to move forward.</p> <p>Please be aware that Club committee members or COVID officer will attend unannounced to ensure that all guidelines are being strictly adhered to at all times.</p>			
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